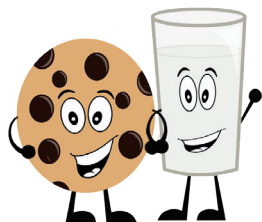




Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



OPTION 1	Hunter's Chicken	Pork Sausages	Roast Chicken Gravy	Fish Fingers	Chicken Chow Mein
OPTION 2	Pasta Neapolitan v	Vegetarian Sausages v	Quorn Balls v Gravy	Vegetarian Sausage Roll v	Pizza Selection v
SUB OR SANDWICH CHOICE	Ham or Cheese	Tuna or Cheese	Ham or Cheese	Tuna or Cheese	Ham or Cheese
CARBS	Rice	Potato Wedges	Roast Potatoes	Diced Potatoes	Chips
PUDDING	Wafflemeister Waffle	Chocolate Cookie or Flapjack	American Pancakes with variety of toppings	Marble Sponge Custard	Fruity Friday A selection of fruit based desserts

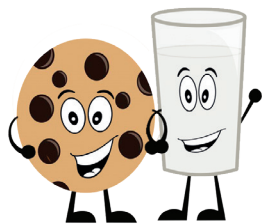
ALL SERVED WITH...



A choice of two vegetables, fresh fruit & fruit yoghurts ice-cream & sorbets



Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



OPTION 1

Chicken Goujons

Beef & Bean Chilli

Roast Pork Gravy

Chicken Tikka Masala

Pizza Selection

OPTION 2

Vegetable Lasagne v

Country Vegetable Bake v

Shepherdess Pie v

Quorn Burger v

Cauliflower & Sweet Potato Curry v

SUB OR SANDWICH CHOICE

Ham or Cheese

Tuna or Cheese

Ham or Cheese

Tuna or Cheese

Ham or Cheese

CARBS

Potato Crunchies

Rice

Roast Potatoes

Rice or Diced Potatoes

Chips or Rice

PUDDING

Mini Doughnut

Syrup Sponge Custard

Chocolate Shortbread

Fruit Jelly

Fruity Friday
A selection of fruit based desserts

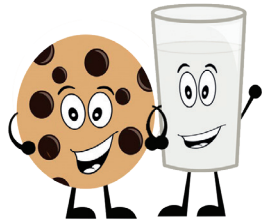
ALL SERVED WITH...



A choice of two vegetables, fresh fruit & fruit yoghurts ice-cream & sorbets



Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



OPTION 1

Pizza Naan

Fish Stars

Roast Beef Gravy

Chicken in a Bun

Pizza Selection

OPTION 2

Quorn Dippers v

Mac 'n' Cheese v

Quorn Balls v Gravy

Cheese & Onion Roll v

Veggie Burrito v

SUB OR SANDWICH CHOICE

Ham or Cheese

Tuna or Cheese

Ham or Cheese

Tuna or Cheese

Ham or Cheese

CARBS

Potato Crunchies

Garlic Bread or Potato Wedges

Mashed Potatoes

Diced Potatoes

Chips

PUDDING

Wafflemeister Waffle

Hot Chocolate Sponge & Custard

Cornflake Cake

Shortbread Selection

Fruity Friday
A selection of fruit based desserts

ALL SERVED WITH...



A choice of two vegetables, fresh fruit & fruit yoghurts ice-cream & sorbets